

THE  
MAYBOURNE  
BEVERLY HILLS

## SPA TREATMENTS

**Swedish Massage** 60 / 90 minutes - \$240 / \$355

The original mellow massage. The Swedish technique uses light, long palm strokes to unwind tension and induce an almost meditative sense of peace - calming both body and mind.

**Deep Tissue Massage** 60 / 90 minutes - \$240 / \$355

Dissolving hard-to-reach tightness and tension, this massage uses firmer pressure to pinpoint stress points. Easing muscles and unwinding knots, it unlocks a deeper state of relaxation.

**Sports Massage** 90 minutes - \$355

Deep tissue strokes soothe and loosen, innovative Hypervolt massage technology accelerates healing, and restorative stretching techniques encourage the body to reach peak physical performance.

**Hot Stone Massage** 60 / 90 minutes - \$240 / \$355

This naturally inspired therapy harnesses heat to melt away muscle stress. Gently warmed, smooth stones are applied to the body and, combined with different levels of soothing pressure, will help you switch off completely.

**Prenatal Massage** 60 / 90 minutes - \$240 / \$355

A nurturing treatment for expectant mothers. We pay careful attention to each woman's particular needs, concentrating on any tightened muscles and encouraging a sense of calm and comfort at this unique time.

# SPA TREATMENT ENHANCEMENTS

## **30 Minutes Reflexology Experience Extension** \$175

Rooted in ancient Chinese practice, this treatment extension relieves all-over stresses by focusing on the feet. Pressure is applied to acupoints to awaken and encourage energy flow around the body.

## **CBD Oil or Lotion** \$40

Reduce soreness, inflammation and muscle fatigue, and alleviate anxiety by incorporating CBD into your lotion or oil.

## **Aromatherapy** \$20

Relax your senses by combining a fragranced aromatherapy into your massage.

## **15 Minutes Foot Mask** \$40

Rejuvenate and invigorate tired feet with a mask application and foot massage after your full body massage to uplift sore muscles.

## **Walm Scalp Massage** \$30

Relax the mind and encourage circulation to the head and neck to help reduce stress and relax tight muscles.

Advanced reservations are required.

Call: +1 (310) 860 7840 Email: [spa@maybournebeverlyhills.com](mailto:spa@maybournebeverlyhills.com)