THE SPA
AT THE
MAYBOURNE

Time stands still inside The Spa at The Maybourne Beverly Hills. A place to escape the noise and take time for yourself – a sensory journey of physical rest, emotional release and inner peace.

Begin by sliding into our serene immersion pool. With its soaring mosaics and sky-lit ceiling, it's a trip back to ancient times when bathing was a ritual to be savored.

Whichever of our exceptional massages you choose, whether it is to relieve weary muscles or ease some tension, a blend of oils and aromatics will revive your body and reawaken your limbs.

Our range of facials and body treatments will brighten and balance using healing salts, soothing muds and the most sophisticated anti-aging creams, leaving your skin nourished and your face glowing.

Come and visit us for a moment of rest and renewal, and delight your senses in the stillness of Beverly Hills' most sumptuous spa.

MASSAGE THERAPIES

Swedish • 60 / 90 minutes • $250 / $360
Promote relaxation with a light pressure, long stroke, gentle massage best suited for relief to unwind.

Deep tissue • 60 / 90 minutes • $250 / $360
Alleviate strains, deep knots, stiffness, or reduce tension using sustained deep, slow strokes to target the inner layers of the muscle while helping to reduce inflammation.

Prenatal • 60 / 90 minutes • $250 / $360
A therapeutic side-lying massage to reduce inflammation, muscle aches, and joint pains during pregnancy while easing the body into bliss. (Ideal for 2nd and 3rd trimester but not required)

Hot stone • 60 / 90 minutes • $255 / $365
This soothing massage uses smooth, heated stones to provide warmth and relax the muscles. Stones are placed on specific points along the body to relieve tension while applying gentle pressure along your muscles.

Couples massage • 60 / 90 minutes • $250 / $360 each
Enjoy a massage in the company of someone special to melt away stress. Pressure can be adjusted for each guest.

An additional discretionary 18% gratuity will be added to the cost of the service.

MASSAGE ENHANCEMENTS

Aromatherapy • $20
Combine the power of essential oils to provide therapeutic benefits for both the mind and body.

CBD • $40
Help relieve pain and inflammation with the calming and soothing effect of a menthol CBD cream.

Scalp • $20
This soothing scalp massage promotes blood flow to the scalp, helping stimulate hair growth and uplift the mood.

Reflexology • additional 30 minutes • $135
Using gentle pressure on specific points along your feet and possibly hands to help you feel better and ease stress.

Foot mask • additional 15 minutes • $40
Remove dead skin cells while promoting hydration and tension in the feet.

An additional discretionary 18% gratuity will be added to the cost of the service.

BODY THERAPIES

Moor mud scrub & wrap • 90 minutes • $375

This anti stress treatment begins with an anti-inflammatory coffee scrub, followed by a soothing, therapeutic wrap, using CBD Moor Mud, rich in nutrients. Detoxify and firm your body head to toe while saying goodbye to excess water, inflammation and impurities.

Uma restore and rejuvenate jet lag treatment • 60 minutes $275

Designed to relieve symptoms of jet lag, and restore your body's natural rhythm and sense of well-being, this treatment offers the ultimate fusion of time-honored rituals and contemporary luxury. Using UMA's award winning wellness oils, we apply ancient Ayurvedic massage therapies to relieve fatigue and tension, and bring balance to your mind and body. Let us take you on a journey that will leave you feeling refreshed, recharged, and ready to conquer the world once again.

Uma detoxify and firm treatment • 60 minutes • $290

Perfect for those looking for both detoxification and indulgence, this treatment is delightfully transformative, leaving you feeling lighter, firmer, and revitalized. Leveraging the proven benefits of dry brushing, this treatment starts with an invigorating exfoliating treatment that stimulates the lymphatic system and detoxifies the body. Followed by an application of the UMA body balm and the Ayurvedic stimulation of key elimination points within the body to promote lymphatic detoxification and improved circulation, this treatment leaves you feeling blissful and purified from the inside out.

Uma Ayurveda immersion body treatment • 90 minutes • $410

Immerse yourself into an experience perfected over the centuries, employing a blend of exquisite organic botanicals, Ayurvedic techniques, and a tailored healing journey, to create mental bliss, bodily harmony and a reconnection with yourself. The 90-minute treatment features a bespoke UMA body polish and pamper experience, tailored hair massage and marma (Ayurvedic 'pressure') point stimulation, and Shirodhara, an ancient Ayurvedic therapy that involves the gentle pouring of warm oil over the forehead that creates meditative restfulness to rejuvenate the spirit and balance internal energies. Lightness, clarity, and radiance will emerge, ultimately unlocking true vibrance and wellbeing.

An additional discretionary 18% gratuity will be added to the cost of the service.

FACIAL THERAPIES

Oxygen facial • 1 hour 45 minutes • $1,400
Using a high concentration of oxygen providing powerful anti-aging results, this advanced technology facial will reduce protein fiber damage while enhancing collagen production. Beginning with microdermabrasion to exfoliate the skin and reduce signs of aging, the application of the pure bio collagen facial mask follows. Muscle toning using light treatment is combined with an ultra-hydrating oxygen treatment for the ingredients to penetrate the skin and reduce pigmentation, minimizing pore size and decreasing the appearance of wrinkles.

Microdermabrasion • 75 minutes • $690
Through a diamond tipped, machine-assisted facial, this treatment can instantly improve your skin's appearance by reducing fine lines, wrinkles and early signs of sun damage, leaving the skin noticeably smoother and softer.

Dr. Sturm clarifying • 60 minutes • $255
The clarifying facial helps to restore the skin's natural balance and removes excess congestion. This treatment smooths and refines skin texture while counteracting the formation of impurities. Suitable for blackheads, oily skin, acne prone skin. Reduces the appearance of fine lines and wrinkles.

An additional discretionary 18% gratuity will be added to the cost of the service.

Dr. Sturm anti-aging • 75 minutes • $320
Suitable for all skin types, this anti-aging facial replenishes the skin's moisture reservoirs, strengthens natural barrier function and reduces the appearance of fine lines and wrinkles. Re-sculpts and defines. Helps repair damaged skin and supports regeneration.

Dr. Sturmglow • 60 minute • $255
This facial leaves the skin radiant, refreshed and with the sought after signature STURMGLOW while boosting and strengthening skin barrier function. Suitable for all skin types. Revives dull tired skin. Perfect for pre event and special occasions.

Uma Ayurvedic rejuvenation facial • 60 / 90 minutes • $255 / $365
This comprehensive treatment provides a deep cleansing of the face and neck to remove impurities from the face, exfoliating dead skin cells, with a rich moisture treatment to target clogged pores and blemishes.

Uma detox facial • 60 / 90 minutes • $255 / $365
This deep cleansing facial comes with extractions of white and blackheads to remove minor breakouts and clear blocked pores to resurface the outer layer of the skin.

An additional discretionary 18% gratuity will be added to the cost of the service.

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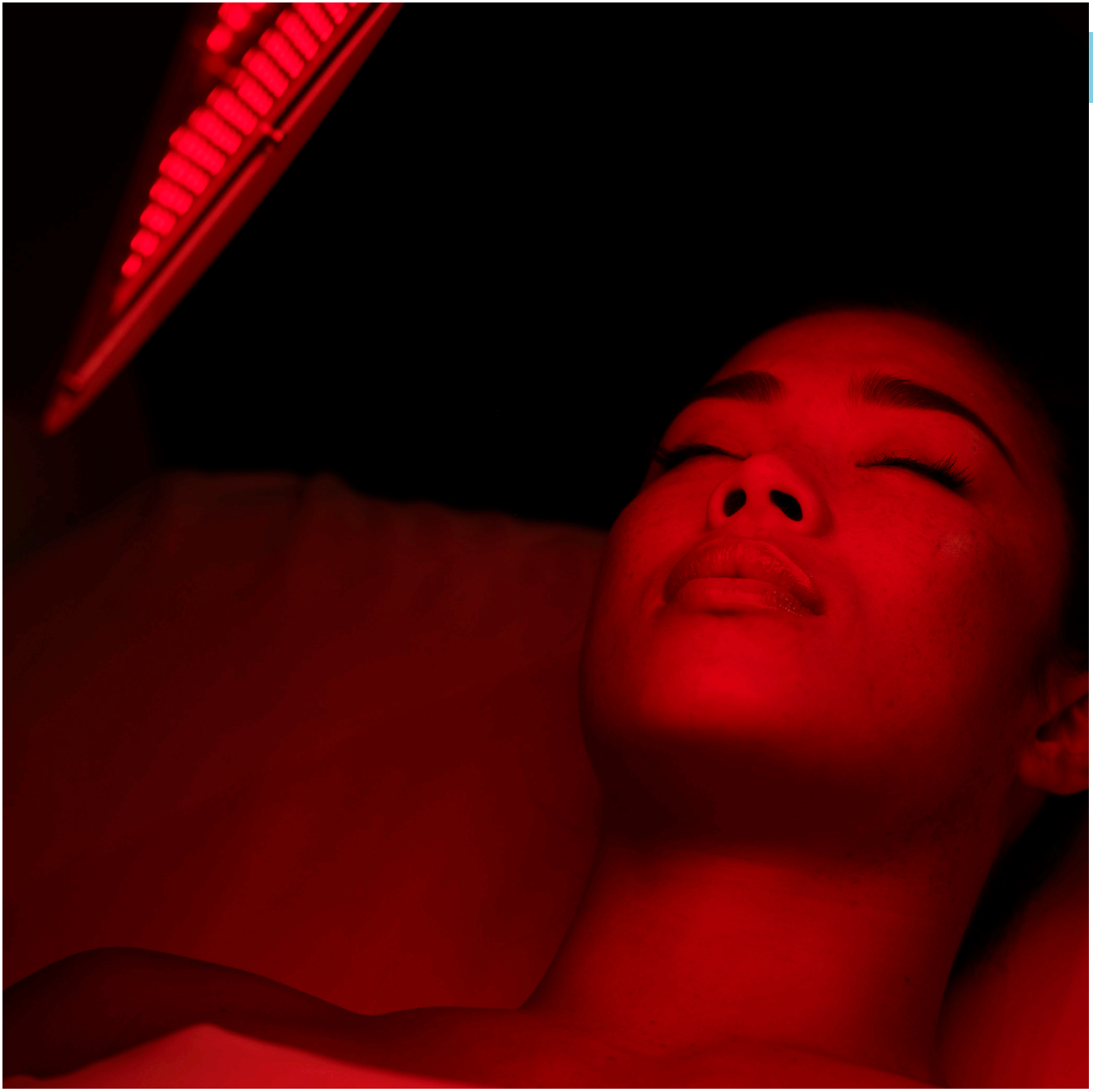
FACIAL TECHNOLOGIES

Anti-Aging Hydra Derm Facial • 90 minutes • $675
This revolutionary hydra derm facial machine delivers exceptional anti-aging results. Innovative technology uses a vibration cleanser to deep clean the skin and an ultrasonic scrubber. The hydra dermabrasion will suction, water, and oxygen to exfoliate while infusing the skin with serum. Oxygen and ultrasound therapy help create new collagen to tighten skin combined with radio frequency and micro currency to stimulate the muscles of the skin. The service concludes with an instant cooling sensation to tighten pores.

Hydrating Hydra Derm Facial • 60 / 90 minutes • $350 / $495
Achieve lasting results with the hydra derm facial machine. The essential spa facial provides a deep cleaning, exfoliation, and painless extraction simultaneously infusing serum to hydrate the skin. The skin is cleansed using a vibration cleanser and ultrasonic scrubber followed by the hydra dermabrasion with the oxygen treatment to aid in hydration, giving your skin a fresh dewy look and feel.

Brightening Hydra Derm Facial • 60 / 90 minutes • $375 / $520
This transformative facial brightens and hydrates the skin, effectively reducing signs of aging to create a youthful glow. The facial begins with a double cleanse and the ultrasonic scrubber to cleanse pores. The ultrasound device allows for a deeper penetration of products as well as provides a plumping experience of the face, followed by a microcurrent treatment to exercise and tighten facial muscles. Last, the face is misted with oxygen to hydrate and brighten the skin.

An additional discretionary 18% gratuity will be added to the cost of the service.



FACIAL ENHANCEMENTS

Peel enhancement • $40
This chemical exfoliating treatment helps resurface the uppermost layer of the skin to reveal new, healthy skin, focusing on enlarged pores, fine lines, and wrinkles.

Knesko mask • 15 minute additional time • $50
Combine healing qualities of collagen for deep hydration

Eye and lip enhancement • $40
This microcurrent device lifts, tightens and tones hard to reach areas around the eyes and mouth.

Cryo enhancement • $20
Depuff, tighten and detoxify your skin using a cool sculp facial device.

High frequency enhancement • $30
Treat acne, shrink enlarged pores, reduce fine lines or rejuvenate hair follicles using the high frequency facial wand.

CBD enhancement for acne or inflamed skin • $40
Soothe irritation, balance oiliness and reduce inflammation using CBD.

LED light enhancement • $30
A combination of white, red and blue infrared light tones the skin and eliminates bacteria while targeting fine lines.

An additional discretionary 18% gratuity will be added to the cost of the service.

FITNESS CENTER

Whether you are a cardio or calisthenics fan, or just like to lift, the 24-hour fitness center at The Maybourne Beverly Hills will keep your regime right on track. Situated adjacent to The Spa, our advanced, technical equipment includes Woodway treadmills, Peloton bikes, Technogym elliptical trainers and Wattbikes. Our dumbbells by Pent are artworks in their own right and there are functional training sets from TRX in the movement studio.

Private training instruction is available upon request.

MEMBERSHIP

Opening our doors to residents, business owners, and Beverly Hills aficionados, a Spa Membership is the perfect way for you to connect with our beloved community. A place to work-out, reset, refresh, rejuvenate, and enjoy other exclusive amenities offered at the Maybourne Beverly Hills.

Spa membership options are available upon request.

SPA ETIQUETTE

Appointments
We highly recommend booking treatments in advance to secure your preferred date and time. Being on time for your appointment is greatly appreciated so that you may receive your full service. Please arrive at least 30 minutes in advance of your appointment time to allow time for you to change into a robe and relax prior to your service.

Facilities
We have a beautiful co-ed mineral pool to soak tired muscles. We do require a bathing suit for this area. There is also a ladies only sauna, steam room, and hot tub and a male only sauna and steam room. Guests of The Spa also have access to our fitness center throughout their spa day and are invited to unwind in the relaxation lounges before and after their services. Please allow additional time to utilize the facilities.

Spa etiquette
So that you enjoy your spa experience, and as a courtesy to other guests, cell phones should be turned off.

Spa attire
Our therapists are highly trained to be sensitive to your comfort and modesty at all times. Robes and slippers are provided for your comfort during your visit with us.

Cancellations
To ensure all guests of The Spa are able to enjoy their treatment on time and receive the full spa experience, we request that you notify us if you will be unable to make your appointment. To cancel or rebook your service, we require six (6) hours of notice. Full service charges will be applied if you fail to contact The Spa or do not show up for your appointment.

Age requirement

The Spa is an adult-oriented atmosphere; therefore we are not able to accept spa appointments for children under the age of 16 years of age. Minors are not permitted in the locker room or spa facilities including the sauna, steam room, whirlpool and shower area.

Pet policy

While we love pets, The Spa and fitness center are pet free areas with the exception of service animals.

Valuables

The Spa and the hotel is not responsible for the loss of or damage of personal articles. We recommend that you leave your valuables at home or in your hotel room safe. Alternatively, please keep all valuables with you during your appointments.

Please remember to drink fluids, especially water during and after your service. For facials and body treatments, we recommend shaving the day prior to your service. Please disclose any conditions prior to your service that may be contraindicated for your service and advise our professional team of any allergies or sensitivities. Please refrain from drinking any alcoholic beverage three hours or longer before your treatments. The Spa is a smoke free environment.

Our therapists reserve the right to terminate the treatment if he/she feels the guest's behavior is undesirable.

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For more information or to make a booking please visit
maybournebeverlyhills.com/spa

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