

THE SPA

THE
MAYBOURNE
BEVERLY HILLS

Time stands still inside The Spa at The Maybourne Beverly Hills. A place to escape the noise and take time for yourself—a sensory journey of physical rest, emotional release and inner peace.

Begin by sliding into our serene immersion pool. With its soaring mosaics and sky-lit ceiling it's a trip back to ancient times when bathing was a ritual to be savored.

Whichever of our exceptional massages you choose, whether it is to relieve weary muscles or ease some tension, a bespoke blend of oils and aromatics will revive your body and reawaken your limbs.

Our range of facials and body treatments will brighten and balance using healing salts, soothing muds the most sophisticated anti-ageing creams, leaving your skin nourished and your face aglow.

Come visit us for a moment of rest and renewal, and delight your senses in the stillness of Beverly Hills' most sumptuous spa.

MASSAGE EXPERIENCES

Each massage combines breath work, customization of essential oils and fragrances, the use of sound bowls, hot stones, stretching and customized pressure.

I am rejuvenated • 60 minutes

A massage designed to lift your energy, reawaken the senses and prepare you for whatever lies ahead. Using a blend of essential oils and fragrances including rosemary, orange, and vanilla, we will find a precise pressure to reinvigorate you.

I am de-stressed • 60 minutes

A massage which offers the mind a chance to decompress. Let go of the stress as the scent of eucalyptus and bergamot fill your lungs during breath work, while your muscles are plied with just the right amount of pressure to leave you completely at ease.

I am strong • 60 minutes

Using grapefruit and uplifting eucalyptus oils, the therapist will focus on your sore spots and stiff muscles, using hot stones and stretching to leave you physically empowered and ready for training.

I am peaceful • 60 minutes

Using essential oils of neroli and relaxing lavender, this massage will allow you to ease into a deep relaxed state and leave you completely at peace so that you can forget about the pressures of the world outside.

We are together (couples experience) • 60 minutes / 90 minutes

Using neroli and jasmine oils, enjoy time together as a couple in this personalized massage. As you unwind, you will receive a full-body massage leaving you feeling connected, rejuvenated and completely relaxed.

MASSAGE ENHANCEMENTS

Reflexology • 30 minutes additional time

Target tired feet with this Traditional Chinese practice of acupressure and pressure point work on various parts of the feet to help improve overall wellbeing.

Foot Mask • 15 minutes additional time

Rejuvenate and invigorate tired feet with a mask application and foot massage prior to your full body massage to revive sore muscles.

CBD oil or lotion

Relax the mind and improve circulation to the head and neck with our CBD oils and lotions. An anti-inflammatory, CBD relieves soreness and relaxes tight muscles, to help reduce stress.

Warm Scalp Enhancement

Relaxes the mind and encourages circulation to the head and neck to help reduce stress and loosen up tight muscles.

BODY THERAPIES

I am bliss • 60 minutes

Using Himalayan salt crystals, this body scrub sloughs away dead cells leaving the skin nourished and renewed. Time-honored essential oils of damascene rose otto, jasmine, and sandalwood calm the nerves and revive stressed, neglected skin, leaving it glowing and thoroughly restored.

I am invigorated wrap • 90 minutes

This pearl and jasmine Himalayan salt crystal scrub has the immediate effect of combating fatigue, restoring vitality and upping energy levels. The ensuing amethyst gel body wrap relaxes and balances the nervous system, stimulating circulation and regenerating skin cells.

I am comforted • 90 minutes

This anti-stress treatment begins with an anti-inflammatory coffee scrub, followed by a soothing, therapeutic wrap, using nutrient-rich CBD Moor Mud. It will detoxify your body, saying goodbye to excess water, inflammation, and impurities.

FACIAL THERAPIES

I am youthful • 1 hr 45 minutes (using Evidens de Beaute)

Developed to target tired and dull looking skin, this treatment helps mature skin rediscover its firmness. Stimulating cell renewal, it reshapes facial contours, reduces wrinkles and brightens the complexion, while eye patches help to tonify the delicate area around the eyes.

I am revitalized • 60 / 90 minutes (using Evidens de Beaute)

This facial detoxes the skin leaving a dazzling healthy-looking result. It focuses on brightening the skin tone and reducing pigmentation spots with vitamin C plus a deep moisturization for leaving the skin, leaving it lifted and looking youthful.

I am glowing • 90 minutes

Beginning with an aloe vera and pomegranate cleanse and a blackcurrant and honey exfoliation to the face, this facial leaves you radiant. Powerful damascene rose otto and sandalwood oils channel energy into the skin cells whilst a specialized Marma massage restores natural luminance and a green clay mask reduces inflammation.

I am balanced • 60 / 90 minutes

This restorative therapy draws on intensely healing rainforest extracts to rejuvenate skin cells. Lymphatic drainage techniques, warm herbal poultices and an Amazonian mud mask, encourage toxin release, reduce water retention, increase blood supply and boost collagen production. Skin tone is brightened and fine lines and wrinkles are softened.

I am restored • 60 / 90 minutes

A powerful facial therapy that combines CBD anti-inflammatory and anti-aging effects with effective Nerve Point Therapy and Marma massage. Together, this synergy releases stress from the face, and restores balance, moisture and vitality. In addition, this treatment helps to release tension held throughout the body.

I am beautiful • 105 minutes (using Evidens de Beaute)

Using a high concentration of oxygen providing powerful anti-aging results, this advanced technology facial will reduce protein fiber damage while enhancing collagen production. Beginning with microdermabrasion to exfoliate the skin and reduce signs of aging, the application of the pure bio collagen facial mask follows. Muscle toning using light treatment is combined with an ultra-hydrating oxygen treatment for the ingredients to penetrate the skin and reduce pigmentation, minimizing pore size, and decreasing the appearance of wrinkles.

I am shining • 60 minutes (using ILA)

Through a diamond tipped, machine assisted facial, this treatment can instantly improve your skin's appearance by reducing fine lines, wrinkles and early signs of sun damage, leaving the skin noticeably smoother and softer.

I am renewed • 60 minutes (using ILA)

A multi-step treatment, this facial uses oxygen to rejuvenate skin and dramatically reverse the visible signs of aging. This treatment activates firm skin, smooth lines and wrinkles to restore radiance and elasticity.

FACIAL ENHANCEMENTS

Knesko mask • 15 minutes additional time

Infused with precious gems to balance your chakras, Knesko masks are designed to brighten, hydrate and energize your skin while minimizing fine lines.

CBD mask • 15 minutes additional time

The holistic CBD infused mask encourages cell renewal resulting in healthier, more vibrant looking skin.

Peel Enhancement

Using a combination of gentle acids, this peel is a nonabrasive approach to exfoliation to help improve fine lines and decongest pores. (Not recommended for individuals using Retinol products).

Eye enhancement

Using a NuFACE microcurrent device and natural Ila natural products this enhancement targets the look of fine lines and wrinkles around the eyes to reduce puffiness and dullness.

Lip enhancement

Using a NuFACE microcurrent device and natural Ila products this enhancement targets the look of fine lines and wrinkles around the lips and gives them a temporary plumpness.

Waxing services

Available upon request

SPA PACKAGES

I am bliss package • 150 minutes

Indulge in a 2.5 hour treatment combing a 90 minute customized massage with 60 minute balancing facial. Having selected your custom blend of oils your limbs will be reawakened. Following this, a restorative facial will use healing rainforest extracts in herbal poultices and a mud mask to rejuvenate skin cells, leaving the skin tone brightened and fine lines and wrinkles softened.

I am recharged package • 210 minutes

Beginning with a 60 minute I am Bliss body therapy, a 90 minute personalized massage using the hypervolt massage device follows, incorporating a range of motion stretches, and ending with a 60 minute CBD restorative facial.

We are whole package • 120 minutes

This couples experience begins with a side-by-side deep body exfoliation that will leave your skin supple and smooth to the touch. As you both begin to unwind together, you will receive a full-body massage leaving you blissfully at peace. This treatment leaves you feeling connected, rejuvenated and relaxed.

OUR PRODUCTS

EviDens de Beaute

Evidens de Beaute sets a new standard for skincare excellence, combining the very latest in Japanese cosmetic expertise and the brightest brains in French beauty. This luxury range of high-performance skincare features a game-changing ingredient: triple collage, three different sized collagen molecules to target different layers of the epidermis, correcting and mitigating signs of aging, while refining the skin's texture.

Ila

An ancient Sanskrit word for Mother Earth, Ila is an organic skin and body brand which focuses on the remedial power of plants, flowers, and herbs to produce hand-blended products with minimal processing. Every cream, oil, scrub and mask is designed to promote change through touch and smell, the effects of which go far beyond the surface of the skin to restore emotional wellbeing as well.

FITNESS CENTRE

Whether you are a cardio or calisthenics fan, or just like to lift, the 24-hour fitness center at The Maybourne Beverly Hills will keep your regime right on track. Situated next to The Spa, our advanced, technical machinery includes Woodway treadmills, Peleton bikes, Technogym elliptical trainers and Wattbikes. Our dumbbells by Pent are artworks in their own right and there is functional training sets from TRX in the movement studio.

Private training instruction is available upon request.

